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## SCANTIC VALLEY REGIONAL HEALTH TRUST WELLNESS PROGRAM NAMED A 2019 HEALTH NEW ENGLAND WELL WORTH IT AWARD WINNER FOR WORKSITE HEALTH PROMOTION

**Wilbraham, MA, October 16, 2019** – Scantic Valley Regional Health Trust (SVRHT) Wellness Program is proud to have been named a 2019 Health New England Well Worth It Award recipient at the gold level for successful worksite health promotion and employee health improvement! The award recognizes Scantic Valley Regional Health Trust’s commitment to their employees’ overall health and their achievements in implementing health and wellness programs.



An effective worksite wellness program can improve the well-being and productivity of the workforce while managing the rising cost of health care.

The SVRHT Wellness Program is dedicated to improving the well-being of municipal employees in East Longmeadow, Hampden, Hampden Wilbraham Regional School District, Longmeadow, Lower Pioneer Valley Education Collaborative and Wilbraham. We strive to offer opportunities in the areas of nutrition, physical activity, stress management, preventive health screenings and tobacco cessation.

“Health New England is proud to recognize Scantic Valley Regional Health Trust for their efforts to keep their employees healthy and well and for establishing a culture of health at their workplace,” states Katie Bruno, Public Health and Wellness Program Manager for Health New England. “We know the positive impact that comes from having active and healthy employees. The Well Worth It Awards is an extension of Health New England’s mission and honors the work being done by our employer groups to improve the health and lives of the people in our communities.”

“We are honored to receive this gold award from Health New England, who has partnered with us to improve the quality of our wellness programming,” says Lyn Fioravanti, MPA, RD, LDN, Regional Wellness Coordinator for SVRHT. Chair of the SVRHT Board, Arlene Miller, adds, “To be celebrated as a leader in the municipal arena of wellness is quite extraordinary and we so appreciate this thoughtful recognition.”

**About Health New England**

Based in Springfield, Massachusetts, Health New England is a not-for-profit health plan serving members in Massachusetts and Connecticut. A wholly-owned subsidiary of Baystate Health, Health New England offers a range of health care plans in the commercial, Medicaid and Medicare markets. For more about Health New England, visit [healthnewengland.org](http://healthnewengland.org).

**About Scantic Valley Regional Health Trust**

The Scantic Valley Regional Health Trust's (SVRHT'S) mission is to provide participating governmental employers with high quality health plan options at the best possible value, to promote a Culture of Wellness throughout its membership, and to help its members become prudent consumers of health services. For more about SVRHT, please visit [www.scantichealth.org](http://www.scantichealth.org).