



## Scantic Valley Regional Health Trust - Exclusive (FI- with Deductible)

### HMO Benefit Chart

July 1, 2023

This chart provides a summary of key services offered by your Plan. Your Summary Plan Description (SPD) has a full description of your Plan's benefits and provisions. If any terms in this summary differ from those in your SPD, the terms of the SPD apply.

#### Note about Prior Approval:

Some services may require Prior Approval. These services are marked with † in the chart. If you do not obtain Prior Approval, benefits may be denied.

|  | In-Plan<br>HNE Providers                                     |
|--|--|
| <b>Deductible per Calendar Year:</b> You must pay this amount for Covered Services before Health New England will begin to pay benefits. As indicated in the chart below, some services are not subject to the Deductible. | \$250 per Individual / \$750 per Family                      |
| <b>In-Plan Out-of-Pocket Maximum:</b> The most you pay for Cost Sharing on Essential Health Benefits during a Calendar Year before your Plan begins to pay 100% of the Allowed Amount.                                     | <b>Medical:</b> \$2,000 per Individual / \$4,000 per Family  |
|  | <b>Pharmacy:</b> \$3,000 per Individual / \$6,000 per Family |

| Benefit   | Your Cost In-Plan HNE Providers            |
|---|--|
| <b>Inpatient Care</b>   |  |
| Acute Hospital Care   | \$500 Copay per admission after Deductible |
| Skilled Nursing Facility and Inpatient Rehabilitation †<br>(Limited to 100 days per Calendar Year ) | \$0 after Deductible                       |
| <b>Preventive Care</b>  |  |
| Adult Routine Exams (Members age 18 and older)  | \$0  |
| Well Child Care   | \$0  |
| Child and Adult Routine Immunizations   | \$0  |
| Routine Prenatal & Postpartum Care  | \$0  |
| Routine Eye Exams<br>(Limited to 1 per Calendar Year)   | \$0  |
| Annual Gynecological Exams  | \$0  |
| Routine Mammograms<br>(Limited to 1 per Calendar Year)  | \$0  |

| <b>Benefit</b>  | <b>Your Cost In-Plan HNE Providers</b> |
|---|--|
| Screening Colonoscopy or Sigmoidoscopy<br>(Limited to 1 every 5 Years)  | \$0                                    |
| Nutritional Counseling<br>(Limited to 4 visits per Calendar Year)   | \$0                                    |
| <b>Outpatient Care</b>  |  |
| Primary Care Office Visit<br>(Non-Routine)  | \$20 Copay per visit                   |
| Specialist Care Office Visit  | \$35 Copay per visit                   |
| Second Opinions   | \$35 Copay per visit                   |
| Hearing Tests in Specialist Office or Outpatient<br>Facility (other than routine screenings covered as part<br>of your Annual Routine Exam)   | \$20 Copay per visit                   |
| Diabetic-Related Items:   |  |
| <ul style="list-style-type: none"> <li>Outpatient Services (Some services require<br/>Prior Approval.)</li> </ul>   | \$35 Copay per visit                   |
| <ul style="list-style-type: none"> <li>Lab Services</li> </ul>  | \$0 after Deductible                   |
| <ul style="list-style-type: none"> <li>Radiological Services</li> </ul>   | \$0 after Deductible                   |
| <ul style="list-style-type: none"> <li>Durable Medical Equipment (some DME items<br/>require Prior Approval)</li> </ul>   | 20% Coinsurance after Deductible       |
| <ul style="list-style-type: none"> <li>Individual Diabetic Education</li> </ul>   | \$35 Copay per visit                   |
| <ul style="list-style-type: none"> <li>Group Diabetic Education</li> </ul>  | \$20 Copay per session                 |
| Emergency Room Care (Copay waived if admitted<br>directly from the ER.)   | \$100 Copay per visit after Deductible |
| Diagnostic Testing (some services, including, but not<br>limited to, sigmoidoscopies, endoscopies,<br>colonoscopies, arthroscopies, needle aspirations, and<br>biopsies, are covered under the Surgical Services and<br>Procedures in an Outpatient Facility benefit) | \$35 Copay                             |
| Sleep Study†  | \$0 after Deductible                   |
| Lab Services  | \$0 after Deductible                   |
| Radiological Services: Ultrasound, X-rays, Non-<br>Routine Mammograms†  | \$0 after Deductible                   |
| Diagnostic Imaging: CT Scans, MRIs, MRAs, PET Scans, Nuclear Cardiac Imaging†<br>(Nuclear Cardiac Imaging requires Prior Approval in all outpatient settings, including<br>outpatient facilities and doctor's offices)  |  |
| <ul style="list-style-type: none"> <li>Outpatient hospital based services</li> </ul>  | \$100 Copay after Deductible           |
| <ul style="list-style-type: none"> <li>Outpatient non-hospital based services</li> </ul>  | \$0 after Deductible                   |

| Benefit  | Your Cost In-Plan HNE Providers            |
|--|--|
| Outpatient Short-Term Rehabilitation Services (Limited to 60 visits per Calendar Year for physical or occupational therapy. The Calendar year limit does not apply to services that are part of a home health plan. The limit also does not apply when services are provided to treat autism spectrum disorder.) Services that are part of a home health plan and services provided to treat autism spectrum disorder require Prior Approval.) | \$20 Copay per visit per treatment type    |
| Day Rehabilitation Program (Limited to 15 full day or ½ day sessions per condition per lifetime)   | \$25 Copay for 1 day or 1/2 day            |
| Early Intervention Services  | \$35 Copay                                 |
| Applied Behavioral Analysis (ABA) to treat Autism Spectrum Disorder  | \$0  |
| Surgical Services and Procedures in an Outpatient Facility   |  |
| <ul style="list-style-type: none"> <li>• In a Doctor’s Office</li> </ul>   | \$35 Copay                                 |
| <ul style="list-style-type: none"> <li>• In all other settings</li> </ul>  | \$150 Copay after Deductible               |
| Allergy Testing and Treatment  | \$35 Copay per visit                       |
| Allergy Injections   | \$0  |
| <b>Infertility Services</b>  |  |
| Some infertility services are covered only for Massachusetts and Connecticut residents. Some services require Prior Approval.  |  |
| <ul style="list-style-type: none"> <li>• Office Visit</li> </ul>   | \$35 Copay per visit                       |
| <ul style="list-style-type: none"> <li>• Lab Test</li> </ul>   | \$0 after Deductible                       |
| <ul style="list-style-type: none"> <li>• Inpatient Care†</li> </ul>  | \$500 Copay per admission after Deductible |
| <b>Maternity Care</b>  |  |
| Delivery/Hospital Care for Mother and Child (Coverage for child limited to routine newborn nursery charges. For continued coverage, child must be enrolled within 30 days of date of birth.)   | \$500 Copay after Deductible               |
| <b>Dental Services</b>   |  |
| Surgical Treatment of Non-Dental Conditions  |  |
| <ul style="list-style-type: none"> <li>• In a Doctor’s Office</li> </ul>   | \$35 Copay per visit                       |
| <ul style="list-style-type: none"> <li>• In an Emergency Room (Copay waived if admitted directly from the ER)</li> </ul>   | \$100 Copay per visit after Deductible     |
| <b>Other Services</b>  |  |
| Home Health Care†  | \$0 after Deductible                       |
| Hospice Services†  | \$0  |
| Durable Medical Equipment (some DME items require Prior Approval)  | 20% Coinsurance after Deductible           |

| <b>Benefit</b>   | <b>Your Cost In-Plan HNE Providers</b>  |
|--|---|
| Prosthetic Devices†  | 20% Coinsurance after Deductible  |
| Ambulance and Transportation Services  | \$25 Copay per day  |
| Kidney Dialysis  | \$0   |
| Nutritional Support † (not covered without Prior Approval)   | \$0   |
| Cardiac Rehabilitation   | \$35 Copay per visit  |
| Wigs (Scalp Hair Protheses) for hair loss due to treatment of any form of cancer or leukemia. Limited to 1 prosthesis per Calendar Year)   | \$0   |
| Speech, Hearing, and Language Disorders† (Prior Approval is required for speech therapy services after the initial evaluation.)  | \$20 Copay per visit  |
| Hearing Aids† (Covered with Prior Approval for Members age 21 and under. The Plan covers the cost of one hearing aid per hearing-impaired ear, every 36 months, up to maximum of \$2,000 for each hearing aid.)  | \$0 up to \$2,000 per device per ear (you are responsible for all costs beyond maximum) |
| Human Organ Transplants and Bone Marrow Transplants†   | \$500 Copay per admission after Deductible  |
| <b>Chiropractic Care</b>   |   |
| Chiropractic Care (Limited to 12 visits per Calendar Year. After your first visit to an In-Plan Provider your chiropractor must get authorization for services to be covered from OptumHealth Solutions. OptumHealth Solutions will work with your In-Plan chiropractor to determine the appropriate level of covered services to treat your condition.)   | \$20 Copay  |
| <b>Wellness Services</b>   |   |
| The plan reimburses for certain fitness and wellness activities, including acupuncture and hypnosis related to weight loss, Weight Watchers®, gym membership, personal training, golf, ski tickets, fitness equipment, farm shares, wellness and fitness apps, nutrition apps, mindfulness apps, bike shares and more. The \$400 payment for a family can be split among family members of the plan. The maximum for each member on the plan is \$200. | \$200 per Individual / \$400 per Family   |
| Acupuncture (limited to 12 visits per calendar year)   | \$20 Copay  |
| <b>Behavioral Health (Includes Mental Health and Substance Use Disorder)</b>   |   |
| Outpatient Services†   | \$20 Copay per visit  |
| Inpatient Services†  | \$500 Copay per admission after Deductible  |

|   |             |
|---|-------------|
| <b>Prescription Drugs</b> ( <i>certain drug require Prior Approval</i> ).   |             |
| Your prescription Drug benefit is based on the Health New England (HNE) Formulary. Please call Member Services or visit <a href="http://healthnewengland.org">healthnewengland.org</a> for a copy of the HNE Formulary. |             |
| At an Retail Pharmacy (up to a 30 day supply)   |             |
| Generic Drugs   | \$10 Copay  |
| Formulary Drugs   | \$25 Copay  |
| Non-Formulary Drugs   | \$50 Copay  |
| Through Mail Order (up to a 90 day supply of maintenance medication)  |             |
| Generic Drugs   | \$20 Copay  |
| Formulary Drugs   | \$50 Copay  |
| Non-Formulary Drugs   | \$110 Copay |

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