

# Glenmeadow's Lifestyle Pass

The Wellness Program is happy to announce our new collaboration with Glenmeadow Retirement Community in Longmeadow!

Did you know that Glenmeadow offers many services to adults aged 62 and older even if you don't live there? One of these "perks" is a Lifestyle Pass, which you can purchase for \$30 a month. This will allow you to use their Wellness Center and pool anytime, as often as you like. Lifestyle Pass holders may also take any of the more than 20 fitness/wellness classes that are offered each week!

This deal just got even sweeter, as the SVRHT Wellness Program will award you a \$10 Visa gift card for each monthly Lifestyle Pass you purchase. Now you can enjoy a month's worth of physical and social activities for \$20 a month!

Please contact Torrie Dearborn at Glenmeadow (567-5547) if you would like to visit the facility and take advantage of this great offer. It is located at 24 Tabor Crossing in Longmeadow, off of Converse Street. You need to be at least 62, and either working or retired from the municipalities we serve. It's that easy!