



# Managing Your Diabetes Has Its Own Benefits

Plus, we'll give you a few more!

## Better Health!

## \$0 Co-pays on Diabetes Medications & Supplies

Available to Scantic Valley Regional Health Trust's health plan members.

See back for participating employers and eligible health plans.

In just 3 Easy Steps, you can be on your way to better health and receiving diabetes medications, test strips, and other diabetes supplies for \$0 co-pays at any in-network pharmacy or through *informedRx*<sup>®</sup> mail order.

1. Register on the *Good Health Gateway*<sup>®</sup> Diabetes Care Rewards Program web site. Registering gives you a *90-day Introductory Period* allowing you to get your \$0 co-pays by using your *GHG Rx Rewards Card* at any in-network retail pharmacy or through the program's mail order service.
2. Complete the basic requirements for managing your diabetes such as having important screenings and exams.
3. Have your health care provider complete the *Good Health Gateway* Provider Confirmation Form and send to us to keep your *GHG Rx Rewards Card* activated after your 90-day Introductory Period.

 It's that simple.

To learn more about the program and the basic requirements, call our HelpLine Advocates at (800) 643-8028, or register online at [www.GoodHealthGateway.com](http://www.GoodHealthGateway.com).

The *Good Health Gateway* web site is both private and secure. HIPAA privacy and security standards are used to ensure the security of your health care information.

## Start Today!

[www.GoodHealthGateway.com](http://www.GoodHealthGateway.com)

This program is administered by Abacus Health Solutions and sponsored by your employer through the Scantic Valley Regional Health Trust. Participation is confidential and voluntary.

**HIPAA privacy and security standards are used to ensure the security of your health care information.**

**Available to the following member employers of the Scantic Valley Regional Health Trust:**

- Hampden Wilbraham Regional School District
- Lower Pioneer Valley Educational Collaborative

**Towns of:**

- East Longmeadow
- Hampden
- Longmeadow
- Wilbraham

**For employees and their covered dependents insured through one of the following Scantic Valley Regional Health Trust sponsored health plans:**

**Blue Cross Blue Shield of Massachusetts**

Network Blue HMO, Network Blue HMO Deductible

**Health New England**

HNE HMO, HNE HMO Deductible, HNE Medi Wrap

**Tufts Health Plan**

Tufts Choice Co-pay EPO, Tufts Advantage EPO Deductible