Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Thursday March 19, 2026, 9:30 AM
By Remote Participation

Meeting Minutes

Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Audra Graham	Town of East Longmeadow
Barbara Hancock	Town of Wilbraham
Christina Gagnon	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Educ. Collab.

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Marcy Morrison	SVRHT Wellness Consultant
Karen Fink	LPVEC
Claire Kawalec	Town of Longmeadow
Ian Coddington	Town of Longmeadow
Jocelyn Sanchez	Town of Longmeadow
Douglas Slaughter	Hampden Wilbraham RSD
Sophia Bletsos	Town of Wilbraham
Megan Emrick-Laskow	Town of East Longmeadow
Gloria Congram	NFP
Heidi Fountain	Blue Cross Blue Shield of MA (BCBS)
Hannah Guertin	Blue Cross Blue Shield of MA (BCBS)
Alysha Beaudry	Abacus Health Solutions
Sandra Ruiz	Health New England
Linda Marie Burns	Harvard Pilgrim/Tufts
Amy Bickford	Abacus Health Solutions
Chris Collins	CanaRx
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)
Patrick Flattery	Gallagher Benefit Services, Inc. (GBS)
Jess Clifford	Gallagher Benefit Services Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:30 AM. The roll was taken with voting attendees listed as:

Arlene Miller, Chair	Town of Longmeadow

Dick Patullo	Town of Hampden
Audra Graham	Town of East Longmeadow
Barbara Hancock	Town of Wilbraham
Christina Gagnon	Hampden Wilbraham RSD
Anna Bishop	LPVEC

Approval of the minutes of February 3rd, 2026, meeting:

Barbara Hancock moved approval of the minutes of February 3rd, 2026 with spelling corrections. | Motion

Christina Gagnon seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	Yes
Audra Graham	Yes
Barbara Hancock	Yes
Christina Gagnon	Yes
Anna Bishop	Yes

The motion passed by unanimous vote.

Wellness Report:

Marcy Morrison was not in attendance, but she did send her report for review in the meeting packet.

Treasurer Report:

Treasurer Paul Pasterczyk presented the January and February 2026 financial reports (unaudited figures). January had claims that totaled $3.3. million which was normal. Administrative costs are at least $600,000 a month. Those were offset by an Rx rebate from HNE and interest but the net loss for the month was $250,000. Excess above target for the month of January dropped from $847,000 to $487,000. The red continues in February. Money had to be taken out of the Berkshire Bank Money Market account in the amount of $75,000 and CD was liquidated for $293,000 to maintain cash flow. February experienced a loss of $500,000. That coupled with the loss of the previous month shows a loss of $2.14 million for the year. The negative trend is continuing, which is surprising. The excess/deficiency above target has now gone into the negative at a deficit of $245,000. Hopefully, things will stabilize for the last several months of the year. The March claims so far are high. Another CD of about $770,000 had to be liquidated to maintain cash flow. The audit is in the final stages with Dan Haynes. The IBNR has increased $500,000 from what it was in July so that will have an impact as well.

GBS reports:

Joe Anderson reviewed the FY26 Funding Rate Analysis (FRA) report as of February 28th, 2026. Mr. Anderson said the expense to funding ratio through February was 111.2% resulting in a funding deficit of $2,716,802. Trust will be placed on Paul's numbers as the guiding light to inform the decisions of the group. Scantic does have a more robust IBNR put aside than other groups. That cash is available for runout claims. The renewal increase will also account for an additional $300,000 per month in funding. The GLP1 spend is over $100,000 per month which will end 06/30/26. Vigilance is required but hopefully claims will level off.

Karen Quinlivan reviewed the FY25 reinsurance reports. She said with data through February, there were 8 claimants with $ 2,640,783.26 in claims above the $250K deductible with $640,783.26 in excess claims. The $150K Aggregating Specific Deductible has been met. Total reimbursements to date were $450,169.41 and there is an amount due of $ 40,613.85. There were 16 claimants with claims between $125K and $250K totaling $ 2,731,627.89. The same reports for FY26 have 2 members in excess with Updated total paid claims of $885,758.44 and excess of $385,758.44. Aggregating specific has been met and there is $235,758.44 due in reimbursement. There are 17 claimants at the 50% level with total updated paid claims of $2,683,601.08.

GLP1 Transition support:

Joe Anderson addressed the carrier programs available to support those members who will be transitioning off weight loss drugs or those looking for advice as they navigate the direct-to-consumer atmosphere. The group needs to decide whether there will be any formalized programs available. Blue Cross, HNE and HPHC all have their own vendors with whom they contract for these services. The Blue Cross Teladoc program would cost the group $70 per engaged member per month in the first year. The member does not pay anything. That would have an estmated cost of $63,000. The HNE Virta program would carry an annual cost of $ 59,962 and the HPHC program would carry a cost of $ 1,444. Cost was based on an estimation of a 50% uptake rate among qualified members so actual program costs may vary. Blue Cross had previously implemented a weight management program that went along with GLP1 use that will be sunset as of 07/01 with the discontinuance of GLP1 coverage. That program costs about $12,000 per month. There was discussion

Dick Patullo said that the uptake would be extremely low as there is no requirement to participate to get a drug any longer. Those that still want GLP1 meds will navigate the direct-to-consumer route on their own with PCP guidance.

Heidi Fountain said that guidance provided by their program would only direct members towards non compounded FDA approved drugs. There are a lot of cheaper options out there that may not be the best option for some members. The program could be put in for one year only and be cost neutral with the absence of the prior program to assist members with transition.

Mr. Patullo urged a wait and see attitude.

Audra Graham moved approval of the transitional carrier weight loss programs for one year., | Motion

Barbara Hancock seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	No
Audra Graham	Yes
Barbara Hancock	Yes
Christina Gagnon	No
Anna Bishop	No

The motion failed.

Health plan and vendor reports:

Blue Cross- Heidi Fountain said that Judy Moniz has transferred to other responsibilities so Hannah Guertin will be the new account service representative for Scantic. Please contact her or Heidi if you need support or materials for open enrollment.

HNE- Sandra Ruiz said that notification on the discontinuance of GLP1 will be going out to members shortly.

Harvard Pilgrim- Linda Marie Burns said that she is the new account manager for the Medicare products. There have been recent layoffs at HPHC and a new Account Manager for the active products will be assigned very shortly.

CanaRx – Jim Riley said that savings for the year will be right around $250,000. Potential savings are $800,000 for 137 individuals. Postcards for the next mailing are going out, and a general template was created for email campaigns to members from each unit.

Good Health Gateway- Alysha Beaudry had nothing new to report. She reminded everyone to include them in any open enrollment fairs.

Other business:

There was no other business.

The Chair, Arlene Miller, set the next Board meeting for Tuesday May 5th, 2026, at 9:30 AM.

Ms. Miller adjourned the meeting at 10:32 AM.

Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.