

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Tuesday, June 11, 2019

9:30 AM

Wilbraham Town Hall

Wilbraham, MA

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair

Tom Sullivan

Sara Menard

Howard Barber

Dick Patullo

Town of Longmeadow

Town of Wilbraham

Town of East Longmeadow

Hampden-Wilbraham RSD

Town of Hampden

Guests present:

Paul Pasterczyk

Lyn Fioravanti

Jocelyn Sanchez

Corinne Tranghese

Christina Gagnon

Heidi Fountain

Lisa Despres

Fred Winer

Carol Cormier

David Kieser

Karen Carpenter

SVRHT Treasurer

SVRHT Wellness Consultant

Town of Longmeadow

Town of East Longmeadow

Hampden-Wilbraham RSD

Blue Cross Blue Shield of MA

Tufts Health Plan

Tufts Health Plan

Gallagher Benefit Services, Inc. (GBS)

Gallagher Benefit Services, Inc. (GBS)

Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:34 AM.

Approval of the minutes of the April 9, 2019 meeting:

Dick Patullo made a motion to approve the April 9, 2019 meeting minutes as written

Tom Sullivan seconded the motion. The motion passed by a unanimous vote.

Motion

Wellness Program Report – Lyn Fioravanti:

Lyn Fioravanti distributed and reviewed the FY19 Wellness Programs and Budget report dated June 11, 2019. Ms. Fioravanti said the Healthy Together challenge only attracted 10 members so she said she will look at something different for next year. She said the HNE Wellness Works program has ended and the BCBS program will end on June 17th. Ms. Fioravanti said she will have the final results of the program soon after the program ends. She reviewed the HNE results across a 3-year timeframe and said the areas to improve on are blood pressure, BMI and total cholesterol results. Ms. Fioravanti said the HDL and non-fasting glucose results were good.

SVRHT Board meeting. 6/11/2019

Ms. Fioravanti reviewed the current programs to include Pilates classes and Circuit Training. She said she brought some MyTelemedicine materials supplied to her by Jeff Beane and distributed them to the employers.

Ms. Fioravanti said she attended the Wellness Coordinator meeting with other Joint Purchase Group wellness consultants. She said there was a lot of good information exchanged.

Ms. Fioravanti reviewed the budget summary and said 65.3% of the total budget was utilized to date.

Treasurers Report:

Treasurer Paul Pasterczyk distributed and reviewed the April 2019 financial report and a partial May report (unaudited figures). He reported an Unreserved Fund Balance of \$3.23M at the end of April. The fund balance target based on the Fund Balance Policy was \$3.2 million. He reviewed the list of Certificates of Deposits and said the ending balance for the CDs was \$6,079,337. Mr. Pasterczyk said he is going to contact TD Bank regarding a \$1,500 bank fee that was charged.

Mr. Pasterczyk reviewed a preliminary May report and said \$9K was received in interest earnings. He said 2 CDs matured in May totaling \$612K and said he reinvested some of the money into one CD for \$325K at 2.45% interest for 13 months.

Mr. Pasterczyk said the West Comm employees are expected to be hired in the fall under the Town of Longmeadow. He said he expects approximately 30 employees to be hired.

GBS Reports

Carol Cormier introduced David Kieser, the newest member of GBS and said he will be attending some of the Joint Purchase Group meetings. She said he is a Senior Consultant and his past experience includes working at Harvard Pilgrim Health Care and Tufts Health Plan.

Ms. Cormier said the GBS SVRHT Contract is expiring at the end of June and said she will have the proposed contract renewal at the September meeting.

Funding Rate Analysis (FRA) report - Carol Cormier reviewed the FY19 FRA with data through April and said the composite expense-to-funding ratio for the month was 98.6%. She said the ratio at the end of February was 96.4%. Ms. Cormier said she asked Sandra Ruiz if HNE could propose a Medicare Part D plan to replace the Medwrap plan. She compared the HNE Medwrap plan rate to the Medex 2 plan rate and said there could be savings to move that plan to an EGWP plan.

Reinsurance reports – Ms. Carpenter reviewed the *FY19 policy period* report and said there is one member whose claims totaled \$272,268 with excess claims of \$22,268. She said the Aggregating Specific Deductible of \$150K has not been met and no reimbursements are due SVRHT. Ms. Carpenter said there were 16 members on the 50% Report with claims between \$125K and \$250K with total claims of \$1,299,738.

Abacus Health Solutions update –

Carol Cormier said Abacus Health Solutions has a new Pharmacy Benefits Management (PBM) contract, and as a result will be giving prescription drug rebates to SVRHT. She said for each retail script obtained through the program, there would be a \$15 rebate and for each mail order script, the rebate to SVRHT would be \$75.

SVRHT Board meeting. 6/11/2019

Ms. Cormier reviewed the Abacus Diabetes Rewards Program report with data from September 2018 through April 30, 2019. She reported 126 eligible members enrolled, which she said was 63% of the members eligible. Ms. Cormier said of those enrolled 53% are adherent to the program requirements and are receiving their diabetic medications and supplies at a \$0 cost to the member.

There was a discussion about the possibility of offering the program to Medicare eligible senior members.

Heidi Fountain suggested utilizing some of the BCBS wellness dollars towards a diabetes program that could be offered to the SVRHT senior plan members.

Arlene Miller asked to have this item added to the next meeting agenda.

Heidi Fountain said she would run a report on the prescription costs vs the medical costs.

FY20 Reinsurance

Carol Cormier said the current reinsurance policy has a Specific Deductible of \$250,000 and a \$150,000 Aggregating Specific Deductible. She said there is also a \$400K laser on one member, which she noted did not materialize. Ms. Cormier reviewed the quotes received for FY20 and said the current specifications minus the laser were quoted the same by BCBSMA and Stop Loss Insurance Brokers (SLIB). She said there is a 20.1% increase in premiums, but an overall decrease of -1.2% in costs taking into account the removal of the additional \$150K laser liability.

Dick Patullo made a motion to accept the FY20 SLIB/BCBSMA quote of \$19.44 Individual and \$55.36 Family rates, at the estimated annual premium of \$824,781.

Motion

Tom Sullivan seconded the motion. The motion passed by a unanimous vote.

Update on MyTelemedicine program

Carol Cormier said the full report is included in the meeting packet and noted that Jeff Beane is making serious efforts to promote the program. She said there was a discussion at a previous Board meeting to re-evaluate the program after two years.

Health Plan ID cards

There was a discussion about the addition of the SVRHT name on the health plan ID cards. The Board reviewed the sample ID cards in the meeting packet and asked Heidi Fountain to have BCBS send new ID cards to all SVRHT members.

Request regarding chiropractic benefits

Carol Cormier said to add the chiropractic benefit may increase the plan rate by approximately 2%.

There was a discussion and the Board agreed to look at the impact of adding the chiropractic benefit with 12 visits each year across all of its active plans.

HSA-Qualified plans

Carol Cormier asked the Board if there is any interest in adding the High Deductible HSA-Qualified plans as an option to the current plan offerings for next year. She said that BCBS had given a presentation on these plans at the April Board meeting. Carol Cormier said she would work on creating a spreadsheet the

SVRHT Board meeting. 6/11/2019

employers can use to calculate an estimate of savings between the current plans and the HSAQ plans rates. She said there has been a 15% to 20% savings with HSA qualified plans for other clients.

Arlene Miller asked to keep this item on future agendas for further discussion and review.

Children & Adolescent Behavioral Health Initiative

Carol Cormier referred to the Tufts Health Plan exhibit in the meeting packet and said the MA Mandate requires the addition of certain behavioral health services, some effective upon renewal at 7/1/19 and others at the 7/1/20 renewal date. Ms. Cormier said adding the services is optional with Tufts Health Plan and HNE, but BCBS will be adding the services per the mandate with no opt-out option.

Heidi Fountain said the BCBS decision is based on a case back in the 1990's that resulted in the municipalities being required to follow the MA Mandate. Heidi said the services being added by this mandate are for high-risk children.

Lisa Despres said the 2019 additions changes the location of some of the services to be provided in-home. She said Tufts is estimating the cost to its self-insured groups at approximately \$1.80 - \$2 pmpm depending on member cost share. She said this cost was not included in the FY20 rates.

There was a brief discussion and the Board took no action.

Health Plan Reports:

Blue Cross Blue Shield – Heidi Fountain said BCBS would be updating the plan Rx formularies as they do each year. She said the ACA has updated its preventative screening list and added osteoporosis screenings for women at risk under age 65.

Tufts Health Plan – Lisa Despres said there was nothing new to report.

Fred Winer said the Medicare senior plan rates may see an increase in January.

Other Business:

Carol Cormier said she would look into the rate disclosure filing requirement for Corinne Traghese.

The next SVRHT Board meeting was scheduled for September 10, 2019 at 9:30 AM at the Wilbraham Town Hall, Wilbraham, MA.

There was no other business.

Arlene Miller adjourned the meeting at 10:40 AM.

*Prepared by Karen Carpenter
Gallagher Benefits Services, Inc.*