

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Tuesday, September 10, 2019
9:30 AM

Wilbraham Town Hall
Wilbraham, MA

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Tom Sullivan	Town of Wilbraham
Sara Menard	Town of East Longmeadow
Howard Barber	Hampden-Wilbraham RSD
Dick Patullo	Town of Hampden
Anna Bishop	Lower Pioneer Valley Educ. Coop. (LPVEC)
Cheryl Wiblyi	Lower Pioneer Valley Educ. Coop. (LPVEC)

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Lyn Fioravanti	SVRHT Wellness Consultant
Jocelyn Sanchez	Town of Longmeadow
Corinne Tranghese	Town of East Longmeadow
Herta Dane	Town of Wilbraham
Patty Joyce	Abacus Health Solutions
Heidi Fountain	Blue Cross Blue Shield of MA (BCBS)
Fred Winer	Tufts Health Plan (THP)
Sandra Ruiz	Health New England (HNE)
Carol Cormier	Gallagher Benefit Services, Inc. (GBS)
Chris Nunnally	Gallagher Benefit Services, Inc. (GBS)
Karen Carpenter	Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:30 AM.

Approval of the minutes of the June 11, 2019 meeting:

Howie Barber made a motion to approve the June 11, 2019 meeting minutes as written

Dick Patullo seconded the motion. The motion passed by a unanimous vote.

Motion

Wellness Program Report – Lyn Fioravanti:

Lyn Fioravanti distributed and reviewed the FY19 Wellness Programs and Budget report dated September 10, 2019. Ms. Fioravanti said the year-to-date participation has increased year over year and said the Yoga and Pilates programs have been very well received. Ms. Fioravanti reviewed the BCBS Wellness Works program results. She said the highest biometric risks include Body Mass Index (BMI) (64% overweight/obese, Cholesterol (40% moderate or high, Waist Circumference (42% high), and Blood

Pressure (46% within normal limits). She noted, of those who participated in the past 2 years, the normal blood pressure results increased from 27% to 48% from 2018 to 2019. Ms. Fioravanti said she reviewed the HNE results at the last meeting.

Ms. Fioravanti reviewed the current programs to include Pilates and Yoga classes. She said she is working with Jeff Beane at MyTelemedicine to increase utilization of the program. The Board agreed that Ms. Fioravanti should be the one to communicate the MyTelemedicine program to members by email rather than Jeff Beane.

Howie Barber reported a not so favorable use of the program and said he was also charged a \$65 copay.

Carol Cormier said she would look into the issues he had and said the SVRHT MyTelemedicine program does not have a member copay. She said he may have contacted a different program or incorrectly accessed the program.

Ms. Fioravanti said she attended the Wellness Coordinators' meeting with other Joint Purchase Group wellness consultants. She said there was a lot of good information exchanged.

Ms. Fioravanti reviewed the budget summary and said 8.8% of the total budget for FY20 was utilized to date.

Corinne Tranghese said one of her employees was not able to use a BCBS telemedicine program because SVRHT did not engage that program.

Lyn Fioravanti continued to review her report and said SVRHT won Gold in the 2019 HNE Well Worth It Awards recognizing employee worksite wellness. Ms. Fioravanti said the award will benefit HNE members through on-line yoga and challenges through WebMD and on-site massages. She said the award will be received on October 16th at Monarch Place at 9:00 AM and she invited the Board members to attend.

Ms. Fioravanti said BCBS is once again awarding SVRHT with \$12,500 Wellness dollars. She said \$2,500 of the award will be required to be used towards programs offered through BCBS. Ms. Fioravanti said based on the results of the biometric screenings, she is looking at utilizing some of the dollars for weight loss programs. She said other suggestions include ergonomics in the workplace and sleep challenge programs.

There was a discussion about possible ergonomic contributions for each SVRHT location and offering a 5K program.

Treasurers Report:

Mr. Pasterczyk reviewed the June 2019 financial report (unaudited figures). He reported an Unreserved Fund Balance of \$2.2M at the end of June. The fund balance target based on the Fund Balance Policy was \$3.2 million. Mr. Pasterczyk noted that the TD Bank fee of \$1,500 that was charged to SVRHT was for gift incentives recorded under the wrong account. He said it has been corrected.

Mr. Pasterczyk said the HNE claims were higher than normal, over \$2M for the month of June. He asked Sandra Ruiz to notify him in advance of any claims payments that exceed \$500K in a month.

GBS Contract Proposals and Reports

SVRHT & Gallagher Benefits Services (GBS) Agreement - Ms. Cormier said the SVRHT/ GBS Contract expired on June 30, 2019 and said GBS is proposing a 2% per year increase for the next 3-year contract, effective July 1, 2019 through June 30, 2022.

Anna Bishop made a motion to approve the SVRHT & GBS Agreement as proposed.

Motion

Dick Patullo seconded the motion. The motion passed by unanimous vote.

Arlene Miller said Carol Cormier and Karen Carpenter make a great team and do good work for SVRHT.

Roster & Invoice Service Agreement with GBS – Carol Cormier reviewed the proposed agreement for July 1, 2019 through June 30, 2020 at an annual fee of \$945.

Anna Bishop made a motion to approve the GBS Roster & Invoice service agreement as proposed.

Motion

Dick Patullo seconded the motion. The motion passed by a unanimous vote.

Funding Rate Analysis (FRA) report - Carol Cormier reviewed the FY19 FRA with data through June and said the composite expense-to-funding ratio for the year was 101.1%. She said the HNE EPO plan was 4.4% underfunded.

Ms. Cormier inquired about the level of interest amount Board members in moving to High Deductible HSA-qualified plans. She said she is keeping the Board up to date on what other JPGs are doing and noted that her other JPGs have implemented those plans.

There was a brief discussion and Carol Cormier said this topic is included later on the agenda.

Reinsurance reports – Ms. Carpenter reviewed the *FY19 policy period* report and said there is 3 members whose claims totaled \$1.6M with excess claims of \$855,339. She said once the Aggregating Specific Deductible of \$150K has been met, there will be \$705,339 in reimbursements due SVRHT. Ms. Carpenter said there were 25 members on the 50% Report with claims between \$125K and \$250K with total claims of \$948,996.

Ms. Carpenter said the FY18 reinsurance policy is closed, and said SVRHT received reimbursements of \$404,753 for that policy.

Abacus Health Solutions update –

Patty Joyce reviewed the Abacus Diabetes Care Rewards Program report with data from September 2018 through August 31, 2019. She reported 123 members enrolled, which she said was 44% of the members eligible. Ms. Joyce said of those enrolled 67% were adherent to the program requirements and are receiving their diabetic medications and supplies at a \$0 cost to the member.

Ms. Joyce said Abacus Health Solutions has a new Pharmacy Benefits Management (PBM) contract, and as a result will be giving prescription drug rebates to SVRHT. She said for each retail script obtained through the program, there would be a \$15 rebate and for each mail order script, the rebate to SVRHT would be \$75. She said the group should see their first rebate within the next 2 or 3 months.

Discussion about CY20 Senior Plan renewals – HNE MedPlus options

Carol Cormier said she did not receive all of the rates from the carriers. She said the rates will be ready at the October meeting. Ms. Cormier said it looks like the BCBS Medex rate should go up about 1.5%.

She said the HNE MedPlus plan has a high increase due to an increase of claims that began in 2018. Ms. Cormier reviewed an email sent to her by Sandra Ruiz at HNE.

Sandra Ruiz explained that there are 4 members among the MedPlus high cost claimants who use high cost prescription drugs. She said 4 are for cancer treatment and the other is for End-Stage Renal Disease (ESRD).

Chris Nunnally said GBS is looking into an option of carving out pharmacy on senior plans. He said it the Medicare Prescription Drug Plan (PDP) will follow the CMS formulary. He said GBS will look to see if the drugs of these 4 members are covered by CMS.

Sandra Ruiz said CMS does cover these prescriptions and said she is looking at some options for the group.

Carol Cormier said GBS will have the data for the next meeting, but noted that the loss of the annual Retiree Drug Subsidy (RDS) will need to be considered in looking at alternatives. She said that HNE MedPlus is the only Senior plan offered by SVRHT that qualifies for the RDS.

Dick Patullo made a motion to authorize GBS to research and seek quotes from PDP plans that may be options for the SVRHT MedPlus.

Howie Barber seconded the motion. The motion passed by a unanimous vote.

Motion

Health Plan Reports

Tufts Health Plan- Fred Winer said the Tufts Medicare Preferred HMO plan rate would be increasing this year due to the adding back of the ACA tax. He said the Medicare Supplement with PDP Plus plan rate looks favorable, and he said Tufts may be presenting some quotes on some self-funded plans this year. Mr. Winer said Lisa Despres is on vacation this week.

BCBS – Heidi Fountain distributed information on a new medication safety solution, RationalMed, for self-insured accounts. She said the new program will be managed by BCBSMA’s PBM, Express Scripts, and can be added at no cost to SVRHT. Ms. Fountain said RationalMed works to create an integrated patient profile. She said the program will identify safety and health risks and will send an alert to the member’s physician and pharmacist. Ms. Fountain said changes will be made to improve the member’s health and correct any errors of care found. She said the program is effective on January 1, 2020.

Heidi Fountain spoke about a new Diabetes Care Value program and said she will need to know before January 1st if SVRHT wants to add it to their plans. She said there is no cost to the group.

Arlene Miller asked Ms. Fountain to provide more details at the next meeting.

Health New England – Sandra Ruiz said HNE has launched a new prescription online tool to help members to compare the costs of prescriptions across different pharmacies. She said HNE has re-negotiated its contract with OptumRx and as a result will be passing on some of the prescription rebates to self-funded clients.

HSA-Qualified plans

Carol Cormier said that BCBS gave a presentation on these plans at the April Board meeting. She said she sent a spreadsheet file to the employers for use in calculating an estimate of savings between the current plans and the HSAQ plans rates. She said there has been a 15% to 20% savings with HSA

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qualified plans for other clients. Ms. Cormier said should the Board want to offer the plans, they will also need to vote on the employer contribution to the employees HSA account. She said this will be needed to be able to determine what the rate of the plans will be.

Arlene Miller asked to keep this item on future agendas for further discussion and review.

Other Business:

Dick Patullo asked Ms. Cormier for a utilization report for the MyTelemedicine program and said he would favor a customer satisfaction survey.

Anna Bishop said she used the program and had a very good experience.

There was a discussion about the coverage of dependents of dependents.

Sara Menard said BCBS told one of her employees that they will cover them.

Carol Cormier said the SVRHT Board voted to not cover dependents of dependents and noted that the ACA does not require the coverage. She said BCBS is the only plan who will not change its plan documents to reflect the vote.

Ms. Menard asked Heidi Fountain to see if the language can be changed to reflect the vote since Ms. Fountain was not the Account Executive at the time the vote took place.

Ms. Fountain said she would look into it.

The next SVRHT Board meeting was scheduled for October 1, 2019 at 1:00 PM at the Wilbraham Town Hall, Wilbraham, MA. Another Board meeting was tentatively scheduled for November 21, 2019 at 9:30 AM.

Arlene Miller asked Dick Patullo to Chair the October meeting during her absence.

There was no other business.

Arlene Miller adjourned the meeting at 11:20 AM.

*Prepared by Karen Carpenter
Gallagher Benefits Services*