Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Wednesday January 22, 2025, 9:30 AM
By Remote Participation

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Audra Staples	Town of East Longmeadow
Barbara Hancock	Town of Wilbraham
Christina Gagnon	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Educ. Collab.

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Marcy Morrison	SVRHT Wellness Consultant
Mark Gold	Town of Longmeadow
Claire Kawalec	Town of Longmeadow
Ian Coddington	Town of Longmeadow
Megan Emrick-Laskow	Town of East Longmeadow
Jocelyn Sanchez	Town of Longmeadow
Douglas Slaughter	Hampden Wilbraham RSD
Heidi Fountain	Blue Cross Blue Shield of MA (BCBS)
Judy Moniz	Blue Cross Blue Shield of MA (BCBS)
Alysha Beaudry	Abacus Health Solutions
Sandra Ruiz	Health New England
Elaine Wilson	Point 32 Health
Melissa Gabriel	Point 32 Health
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:35 AM. Roll call was taken with voting attendees listed as:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Audra Staples	Town of East Longmeadow
Barbara Hancock	Town of Wilbraham
Christina Gagnon	Hampden Wilbraham RSD

Approval of the minutes of the November 19th, 2024, meeting:

Dick Patullo moved approval of the minutes of the November 19th, 2024 meeting with correction of adding the word everyone on page 4. Motion

Audra Staples seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	Yes
Audra Staples	Yes
Barbara Hancock	Yes
Christina Gagnon	Yes

The motion passed by unanimous vote.

Anna Bishop joined the meeting at this time.

Wellness Report:

Marcy Morrison presented her report. The email sent to HR folks for the newsletter is now including all the current programs that are going on. That way people can click on the link and not have to dig around in the newsletter. The colonoscopy program has slowed but continuing. The weight management program has many enthusiastic participants. It uses five pillars. The first three are nutrition, exercise, and habit stacking. Members are calling and giving feedback and surveys will go out with a raffle to get additional feedback. The focus is to get increased numbers going through a program like this before asking for weight loss drugs. The goal is to decrease the spend in this area. The Healthy Happy Holidays program was a good email campaign to keep people on track and they get points for that. Health New England has webinars that can be released once a week. Recordings are available as well in case members miss the live presentation.

Arlene Miller asked that in the future, numbers for program participation in the colonoscopy and other programs could be provided.

The next two components of the weight loss program will be coming soon. The focus will be on fitness, sleep, and community.

Treasurer Report:

Treasurer Paul Pasterczyk presented the November 2024 financial reports (unaudited figures). The balance at the beginning of the month was $13.6 million. Trust premiums were high due to early payments. There was a reinsurance amount received of approximately $ 44,000. There was an HNE prescription drug rebate of $ 224,000. Operating expenses were stable. Claims for the month

were a little bit higher but it was a five-week month. Net cash at end of the month was $16,000,000. Trial Balance shows that the group is operating at a slight loss through November of about $550,000. The group ended up with a total unreserved fund balance of $8.2 million. There is an excess of target fund balance of $4.6 million. The December balance started off at $16,000,000. There was reinsurance of $146.000 and a Diabetes check of $21,000. The quarterly reconciliation picked up $115,000 worth of expenditures. There was a loss of the cash position of $666,000. There should be an HNE check in January. For December there was an unreserved fund balance of $ 8.6 million and excess just over $5 million.

The fiscal year FY24 audit has been started and should be available in February

Mark Gold asked about the projected loss form the zero percent increase last year.

Joe Anderson said that the carriers projected a required increase of 8.73%. That was projected to be about $2.75 million. The GBS calculation was 5.23% which was $1.6 million. Fund balance has been bouncing around. There are challenging times projected around the state. Early projections indicate it could be a larger calculated increase.

GBS reports:

Joe Anderson reviewed the FY25 Funding Rate Analysis (FRA) report as of December 2024. Mr. Anderson said the expense to funding ratio through December was 102.9% resulting in a funding deficit of $498,320. Scantic has benefited from stop loss on extremely large claims. For FY24, total premiums were $1.65 million and there will be over $2 million coming back.

Karen Quinlivan reviewed the FY24 reinsurance reports. She said with data through December, there were 10 claimants with $ 2,304,695.01 in claims above the $250K deductible. The $150K Aggregating Specific Deductible has been met. Total reimbursements to date were $2,350,265.83 and there is an overpayment credit of $195,570.82. There were 24 claimants with claims between $125K and $250K totaling $ 4,007,166.64. The same reports for FY25 through December have one member in excess with $ 64,844.48 in excess claims. Four members are at the 50% level with total updated paid claims of $726,167.75.

Good Health Gateway Dashboard Report:

Alysha Beaudry presented the program report from September through December 31, 2024. There are 247 eligible participants. There have been 9 new members added since the September start. There are 92 members enrolled or 37% of the eligible population. Fifty members have met program requirements and are eligible for zero copays. This is an adherence rate of 54%, which is an increase since the group last met. Thirty-nine members are identified as elevated risk and 59% have been enrolled with a 52% adherence rate. Engagement is above the national average. There were 189 scripts filled for an average savings of $4838 in waived copays and $21,053 in rebates. Education campaigns are ongoing and in November the target is health plan participants currently using Ozempic and Mounjaro that are not enrolled in the Good Health Gateway program. Open enrollment season would also be an opportunity to promote the program and increase awareness.

Health plan and vendor reports:

Blue Cross- Heidi Fountain said that Blue Cross has a weight loss program targeting those on GLP1 medications. Utilization has been on the rise, and this is a program aimed at targeting the population with a program aimed at assisting and promoting compliance. The decision was to aim for the March meeting for presentation.

Health New England – Sandra Ruiz said the contract negotiations with Point 32 Health have ended and the acquisition will not be going forward. There will be no change to the current arrangement with Baystate Health and the independence of HNE. They also have a weight loss program that can be presented at the March meeting as well.

Tufts/Harvard Pilgrim – Elaine Wilson said that the contracts with Metrowest and St. Vincents were resolved with no disruption. They have strategies as well on weight loss drugs and prior authorization guidelines based on medical necessity.

CanaRx – Jim Riley said that savings through December were about $133,000. Annual projections are $265,000. Individual unit potential savings reports are now available for distribution. There are 190 potential users that could be taking advantage of the program for an additional potential of $625,000.

Other business:

There was no other business.

The Chair, Arlene Miller, set the next Board meeting for Wednesday February 12, 2024, at 9:30 AM.

Ms. Miller adjourned the meeting at 10:30 AM.

Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.