

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Tuesday, June 15, 2021 9:30 AM
Remote Participation by WebEx

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Tom Sullivan	Town of Wilbraham
Corinne Tranghese	Town of East Longmeadow
Aaron Osborne	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Education Cooperative

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Lyn Fioravanti	SVRHT Wellness Coordinator
Patty Joyce	Abacus Health Solutions
Jonathan Payson	Blue Cross Blue Shield of MA (BCBS)
Sandra Ruiz	Health New England (HNE)
Lisa Despres	Tufts Health Plan
Rae Felts	Tufts Health Plan
Fred Winer	Tufts Health Plan Senior Products
Chris Collins	CanaRx
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS)
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:32 AM. Roll call was taken with voting attendees listed as:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Tom Sullivan	Town of Wilbraham
Aaron Osborne	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Education Cooperative

Approval of the minutes of the May 12, 2021 meeting:

Motion

Richard Patullo moved approval of the minutes as presented.

Tom Sullivan seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	Yes
Tom Sullivan	Yes
Aaron Osborne	Yes
Anna Bishop	Yes

The motion to approve the minutes of May 12, 2021 passed by unanimous vote.

Wellness Program report:

Lyn Fioravanti, Wellness Consultant, reviewed her report of the wellness budget, spending and programs. She showed participation in the wellness initiatives: Colonoscopy incentive, Pilates, Yoga, and Wellness Works. Year-end participation numbers showed 39 colonoscopies, 148 Pilates participants and 121 Wellness Works participants. Numbers were lower than the year before due to Covid but there was still good participation. There were 24 members that reached the max of 150 points. There was a spring webinar series available for view on meditation, resiliency and women’s health. Current happenings include Zoom Pilates classes in Longmeadow, Wilbraham and South Hadley. Gift cards are currently being purchased for distribution. An application is in process for the HNE Well Worth It Award. The monthly newsletter is going out as well as planning for summer and FY22 programming. Screenings are uncertain because of the question of in-person attendance in school and municipal buildings by outside members. Almost 50% of the budget was spent for FY21. This was largely due to funding from Blue Cross.

Richard Patullo said that if there is reoccurring funding, it might be a good idea to note that in the budget sheets in case that funding dries up.

Treasurer’s report:

Treasurer Paul Pasterczyk reviewed the April 2021 financial reports (unaudited figures). The beginning balance for the month was \$11.1M and ending balance \$9.1M. There was a small amount of trust premium received for the month due to timing. An HNE Rx credit check was received in the amount of \$232,033. Mr. Pasterczyk said that he transferred \$150,000 from TD Bank to Peoples United Bank for higher interest. Trial balance revenues over expenditures on a cash basis was \$891,117. Fund Balance (Equity) was \$4.78M, roughly \$1.5 million above the Fund Balance target. May reports so far show higher claims and quarterly reconciliation amounts on the monthly deposit that are high. Projecting forward through June, higher claims activity shows the excess balance dwindling. Had it not been for Health New England rebates, there would be a significant year-end deficit.

GBS reports:

Joe Anderson reviewed the FY21 Funding Rate Analysis (FRA) report as of April 30, 2021. Mr. Anderson said the expense to funding ratio through April was 97%, resulting in a funding surplus of \$784,254.

Mr. Anderson said that the HNE MedWrap plan continues to be a plan that needs to be looked at in terms of sustainability going forward. The rebates do not make up for the annual deficit. Claims have been

running higher than usual and it remains to be seen if this is a temporary increase or if it is a trend that would require adjustment going forward.

Richard Patullo asked if more precise information could be obtained on the Med Wrap plan and how the rebate affects the plan going into rate setting in the fall.

Joe Anderson said he would address the issue in item 5 of the agenda.

Karen Quinlivan reviewed the FY20 reinsurance reports. She said with data through April, there were \$1,431,540 in claims above the \$250K deductible. The \$150K Aggregating Specific Deductible has been met. Total reimbursements to date were \$1,279,906 and outstanding reimbursements were \$1028.75. A credit from FY19 that was moved forward to FY20 leaves an actual amount due of \$0. Ms. Quinlivan reviewed the FY20 “50% Report” with 17 claimants having claims between \$125K and \$250K that cumulatively totaled \$3,063,518.

The same reports for FY21 through the month of April showed 3 claimants with claims above the \$250K deductible in the amount of \$ 195,938. The \$150K Aggregating Specific Deductible has been met.. There have been no reimbursements to date so the outstanding reimbursements were \$45,938 The FY21 “50% Report” showed 15 claimants having claims between \$125K and \$250K that cumulatively totaled \$2,564,476.

Karen Quinlivan then called attention to the FY22 GBS Invoice and Roster Download Agreement. The contract agrees to provide a secure web portal to download monthly invoices and rosters. The contract runs from 07/01/2021 through 06/30/2022 for an annual fee of \$162/unit per year, or \$972 annually.

Aaron Osborne motioned to accept the FY22 Invoice and Roster and Download Agreement.

Motion

Anna Bishop seconded the motion. There was a roll call vote.

Arlene Miller	Yes
Dick Patullo	Yes
Tom Sullivan	Yes
Aaron Osborne	Yes
Anna Bishop	Yes

The motion passed by unanimous vote.

Corrine Tranghese joined the meeting at this time.

HNE MedPlus alternative discussion:

Joe Anderson said that last year when the renewal was discussed, the rates were renewed at \$480. Given the Covid environment, it was decided that the amount of education required to switch from the MedPlus Plan at that time would be prohibitive given lockdown. This year there is an even more pronounced claims run. The population is defined by specialty medication utilization. Last year the annual spend was about \$1.3M. The market was sourced to find out if there was a fully insured drug component plan that could be used. Premium on that was estimated at approximately \$164. Health New England was not equipped to support a stand-alone PDP. They will be in a position by January to support a fully insured PDP. Members will get to stay with HNE. They will receive a separate card for prescription drugs. If a quote comes in at \$200 for 257 members with an annual spend of \$616,000, it would still represent a

\$400,000 savings for the group over a specialty spend of \$1.3M with \$300,000 in rebates. There is a medical cost premium associated with it. If a premium goes from \$480 to \$380 with a 50% contribution, the member saves \$50 a month so they save as well. The logistics will be worked on in earnest for presentation of options to the Board in September. Before and after analysis would also be performed. The benefits in PDP plans are benefit rich such that there would be no degradation of benefits.

Corinne Tranghese asked if the plan could be structured like the Blue Cross Plans with lower prescription drug tier costs since they will be losing access to the CanaRx program.

Joe Anderson said the goal would be to quote parity.

Health Plan Reports:

Abacus Health - Patty Joyce presented a Good Health Gateway Dashboard Report through April 30, 2021. There are currently 127 (44% of eligible members) enrolled. Of those members, 50% are adherent in the program and the annual adherence rate is 59%. There were 669 medications and supplies obtained with \$13,599 in estimated waived copays to the member. The trust had \$89,431 in estimated savings net of fees and pharmacy copays. There was a pharmacy rebate of \$35,503.75 for Q2 of 2020 paid out as well.

Corinne Tranghese asked if a report could be run to separate out the HNE MedPlus individuals to see participation.

Patty Joyce said she could run such a report.

Outreach is ongoing. A men's health image flyer was recently sent out to the benefits administrators for distribution to eligible members and people can enroll in the program at any time.

Tufts- Lisa Despres presented the latest Covid report. There were no additional positive diagnoses. There were a few negative results added. Vaccine reports show that 31 members are fully vaccinated and 9 more are in process. Those numbers will be understated. Tufts has been given the green light for in-person meetings as well.

Fred Winer said that things are going well and has already scheduled some in-person meetings going forward.

Blue Cross – Jonathan Payson presented the most recent Covid Dashboard report. Cases are showing a downward trend in both suspected and confirmed. Vaccinations are going up and Blue Cross has also been given the green light for in-person meetings. Fitness and weight loss reimbursements for 2020 were extended to 60 days past the end of the state of emergency so those should be submitted within the next 60 days.

Health New England – Sandra Ruiz provided the most recent Covid report. May had under 100 suspected cases for the first time in the last 12 months. There were 2 inpatient cases in April. HNE will be available for in-person meetings as well. Beginning in July, member cost share for non Covid related telehealth visits will be reinstated.

CanaRx- Jim Riley said that CanaRx is going through a large rebranding program and new marketing materials and strategies will be coming soon. Reports will be available soon to predict possible savings.

MyTelemedicine. – Jeff Beane was not at the meeting but provided current utilization reports for review.

Other business:

Corrine Traghese asked if September would be a good time to consider offering high deductible plans for the next open enrollment.

Joe Anderson said that a plan design discussion could take place then.

There was no other business.

The Chair, Arlene Miller, set the next Board meeting for September 8, 2021 at 9:30AM.

Ms. Miller adjourned the meeting at 10:36 AM.

*Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.*