

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Tuesday, November 23, 2021 9:30 AM

Remote Participation by WebEx

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Stephen Lonergan	Town of East Longmeadow
Thomas Sullivan	Town of Wilbraham
Aaron Osborne	Hampden Wilbraham RSD
Christina Gagnon	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Education Cooperative
Karen Fink	Lower Pioneer Valley Education Cooperative

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Lyn Fioravanti	SVRHT Wellness Coordinator
Jocelyn Sanchez	Town of Longmeadow
Mark Gold	Town of Longmeadow
Jennifer Leydon	Town of Longmeadow
Pete Landon	Town of Longmeadow
Herta Dane	Town of Wilbraham
Patty Joyce	Abacus Health Solutions
Heidi Fountain	Blue Cross Blue Shield of MA (BCBS)
Sandra Ruiz	Health New England (HNE)
Lisa Despres	Tufts Health Plan
Rae Felts	Tufts Health Plan
Fred Winer	Tufts Health Plan Senior Products
Chris Collins	CanaRx
Jim Riley	CanaRx
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS)
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:32 AM. Roll call was taken with voting attendees listed as:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Stephen Lonergan	Town of East Longmeadow
Aaron Osborne	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Education Cooperative

Approval of the minutes of the October 5, 2021 meeting:

Aaron Osborne moved approval of the minutes with noted spelling correction of the voting member for Hampden Wilbraham.

Motion

Richard Patullo seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	Yes
Stephen Lonergan	Abstain
Aaron Osborne	Yes
Anna Bishop	Yes

The motion to approve the minutes of October 5, 2021 passed by majority vote.

Wellness Program report:

Lyn Fioravanti, Wellness Consultant, reviewed her report of the wellness budget, spending and programs. She showed participation in the following wellness initiatives: Colonoscopy incentive, Pilates, and Yoga. There were 6 colonoscopies, 22 new Pilates participants and 47 repeats. Yoga had 18 participants. Current happenings include Zoom Pilates classes in Wilbraham, Longmeadow and South Hadley. There is a Yoga/meditation class at Center School in Longmeadow on Wednesday and Zoom Yoga on Monday. There are currently three Wellness Works programs running through May, Members complete challenges/workshops/classes for 10 points each with a max of 200 points for a \$200 gift card. Non-members can complete the majority of the same activities and earn raffle tickets for prizes. There are currently 22 HNE members, 17 BCBS members and 11 non-members. The Learn to Live program provided a utilization update with 54 employees (3.4%) engaging so far. Usually there is a 2-3% average. Assessments showed that 47% of users were clinical moderate to severe in one or more use categories, 27% in two or more and 13% in three or more. The Levelhead program had 591 exercises completed by 40 people. The teachers piloting it have had good things to say about it so far. The budget through October had 16.6% of the budget used so far.

Treasurer’s report:

Treasurer Paul Pasterczyk reviewed the September 2021 financial reports (unaudited figures). The beginning balance for the month was \$7.9M and ending balance \$7.6M. There were receipts for reinsurance of \$135,762. Monthly payments to carriers were on a normal scale. Trial balance revenues versus expenditures on a cash basis was \$(1,022,109). Fund Balance (Equity) was \$2.9M, roughly \$800,626 below the Fund Balance target. October shows so far another reinsurance credit of \$ 153,853 and a HNE Rx credit of \$308,174. Trial balance revenues versus expenditures on a cash basis was \$(850,000). Fund Balance was only \$300,000 below target. November so far has more reinsurance, an Abacus credit and a quarterly reconciliation with Blue Cross that decreased significantly to help the bottom line..

GBS reports:

Joe Anderson reviewed the FY21 Funding Rate Analysis (FRA) report as of September 30, 2021. Mr. Anderson said the expense to funding ratio through September was 90.4% resulting in a funding surplus of \$767,639. Much of that was due to stop loss reimbursements.

Mr. Anderson said that the HNE MedWrap plan replacement with the fully insured PDP premiering in January will help in terms of the deficit going forward.

Karen Quinlivan reviewed the FY21 reinsurance reports. She said with data through September, there were 10 claimants with \$1,227,973 in claims above the \$250K deductible. The \$150K Aggregating Specific Deductible has been met. Total reimbursements to date were \$761,788 and outstanding reimbursements were \$316,185. Ms. Quinlivan reviewed the FY21 “50% Report” with 19 claimants having claims between \$125K and \$250K that cumulatively totaled \$3,510,644.

The same reports for FY22 have no claimants in excess or on the 50% report yet.

HNE Med Supp w/Fully Insured PDP rollout update:

Joe Anderson said that the announcement letter was sent out to members on November 2, 2021. The call center went live. Most questions received were on the formulary. There was no disruption identified and things were going smoothly. An enrollment kit is going out in the next week from Humana. There is also going to be an educational ‘how to use your plan’ video put out to members. Benefit coordinators and Retiree First have interacted. Weekly update meetings with Retiree First are ongoing and there has been no feedback issues that have been communicated.

Patty Joyce said that Abacus will also be sending out a letter to HNE Med Wrap members reminding them that the program will ending for them effective 12/31/2021. It includes the 800 number for Retiree First for members to call regarding their program.

She also mentioned that Abacus would like to receive data extract reports for their program and Blue Cross requires a signed release form. They receive this information regarding medical, pharmacy and eligibility from all other carriers and this is nothing out of the ordinary. Abacus has a BAA agreement in place.

Arlene Miller asked for assurance that the requirement is normal.

Joe Anderson said that this is a normal procedure. All data is transferred on an secure file transfer platform. Othere joint purchase groups have signed off on it.

Heidi Fountain said that they only require written direction from the trust to release.

Dick Patullo motioned to allow Blue Cross to release data to Abacus for program utilization.

Motion

Aaron Osborne seconded the motion. There was a roll call vote.

- Arlene Miller Yes
- Dick Patullo Yes
- Stephen Lonergan Yes
- Aaron Osborne Yes
- Anna Bishop Yes

The motion passed by unanimous vote.

Good Health Gateway Annual Report review:

Patty Joyce reviewed the Annual Report covering the period 9/1/2020 – 8/31/21. She said that there were 121 enrolled members with 66 (55%) adherent members and 74 (61%) adherent for the last 12 months. Breakdown by gender is 46% female and 54% male. There were 993 prescriptions filled through the program with \$484,398 prescription drug spend and with \$18,942 waived in member copays. She said the estimated savings to SVRHT for the year are \$140,630. She said savings since 2010 are \$1,348,678. Rebates distributed during the period total \$143,135. Ms. Joyce reviewed the Outcome Metrics saying that there was a 24% decrease in number of members with A1cs greater than 8.0.

Ms. Joyce spoke about the Remote Glucose Monitoring Service, Clinical Support Services, and Abacus's program promotion and outreach to members. She presented very positive Satisfaction Survey results with 30% response rate, which she said is good for a program in which members have been participating for a very long time. She reviewed recommendations and program enhancements.

Health Plan Reports:

Blue Cross – Heidi Fountain said that Jonathan Payson is out of the office for the foreseeable future and Peter Cahill is the Account Service Consultant taking his place. Contact information has been distributed. There are also some minor formulary changes that will be effective 01/01/2022 for the PDP.

Health New England – Sandra Ruiz did not attend the meeting.

Tufts- Lisa Despres said that a recent vaccination report showed 25% of the Scantic population was vaccinated but that was only of they showed an ID card. The numbers are actually much higher. She had nothing else to report

Fred Winer said that the ads for Medicare plans need to be ignored at this time. The 2022 group numbers need to be used on the Med Supp applications and the 2022 application needs to be used for open enrollment. He also wanted to commend Corinne Tranghese for her many years of dedicated service.

CanaRx- Chris Collins said that the CanaRx website is undergoing update. Members will be receiving a postcard with a detachable card for their wallet with a QR code that members can scan to log onto the website.

Jim Riley said the group is on track for a \$400,000 savings this year. The goal is to increase that number next year.

Other business:

Tom Sullivan said that he was in the meeting but could not unmute himself for the meeting until present.

Members of the Board as well as carrier and vendors all wished Tom Sullivan well and congratulated him on his retirement and many years of dedicated service.

There was no other business.

The Chair, Arlene Miller, set the next Board meeting for February 9, 2022 at 9:30AM.

Ms. Miller adjourned the meeting at 10.38 AM.

SVRHT Board Meeting Minutes – November 23, 2021

*Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.*