

Scantic Valley Regional Health Trust (SVRHT)

Board Meeting

Wednesday December 7, 2022 9:30 AM
Remote Participation by WebEx

Meeting Minutes

Board Members and Alternates present:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Steve Lonergan	Town of East Longmeadow
Barbara Hancock	Town of Wilbraham
Aaron Osborne	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Educ. Collab.

Guests present:

Paul Pasterczyk	SVRHT Treasurer
Marcy Morrison	SVRHT Wellness Coordinator
Jocelyn Sanchez	Town of Longmeadow
Joan Iwanicki	Town of East Longmeadow
Megan Emrick	Town of East Longmeadow
Christina Gagnon	Hampden Wilbraham RSD
Mark Gold	Town of Longmeadow
Herta Dane	Town of Wilbraham
Heidi Fountain	Blue Cross Blue Shield of MA (BCBS)
Fred Winer	Tufts Health Plan
Diana Hernandez	Tufts Health Plan
Sandra Ruiz	Health New England
Chris Collins	CanaRx
Jim Riley	CanaRx
Patty Joyce	Abacus Health Solutions
Joseph Anderson	Gallagher Benefit Services, Inc. (GBS)
Karen Quinlivan	Gallagher Benefit Services, Inc. (GBS)

Arlene Miller, Chair, called the meeting to order at 9:36 AM. Roll call was taken with voting attendees listed as:

Arlene Miller, Chair	Town of Longmeadow
Dick Patullo	Town of Hampden
Barbara Hancock	Town of Wilbraham
Aaron Osborne	Hampden Wilbraham RSD
Anna Bishop	Lower Pioneer Valley Educ. Collab.

Approval of the minutes of the October 12, 2022 meeting:

Richard Patullo moved approval of the minutes of October 12, 2022..

Motion

Barbara Hancock seconded the motion. There was a roll call vote on the motion:

Arlene Miller	Yes
Dick Patullo	Yes
Barbara Hancock	Yes
Aaron Osborne	Yes
Anna Bishop	Yes

The motion passed by unanimous vote.

Wellness Program report:

Marcy Morrison presented her wellness report through December. She outlined current programs for Stress Less Sleep More, Couch to 5K and Healthy Happy Holidays which is a Maintain Don't Gain program. She has created a three page brochure to deliver to any groups who want to have wellness program information available in common areas and in new-hire packages. It encourages all employees to join the programs and invites employees to become wellness champions. A monthly newsletter has all kinds of wellness tips and gives links to the programs that are available each month including Dr. Ann who everyone seems to like. She is open to any contributions and suggestions from anyone. The Colonoscopy program is continuing the \$100 incentive for employees and family members. Gift cards have been mailed to all who earned incentive between July and December. Meetings with Blue Cross have been ongoing to explore programs that are available. Most will be online programs with some on sight available. Most are very expensive. Meetings with Health New England will take place later in December to discuss the Healthy Directions Program. Vendor programs such as the Diabetes and Prescription programs seem to be underutilized so she suggested including those in incentive points to encourage participation in wellness initiatives.

There was discussion of accountability for gift card distribution. Right now Ms. Morrison is copying the front and back of the cards prior to mailing. Ms. Morrison will also coordinate for a Scantic email address.

Treasurer's report:

Treasurer Paul Pasterczyk reviewed the October 2022 financial reports (unaudited figures). Overall, the group started October with \$9.79M in the bank. The interest rates have been creeping up. The Peoples Institutional Money Market account earned 2.44% for the month and earned \$12,000 overall. There was reinsurance received in the amount of \$13,000 and the HNE Rx credit came in at \$244,000 during the month. Cash position at the end of the month was boosted to \$11.1M with a net gain in the month of \$1.3M. For the fiscal year the group is up \$3.4M in cash. So far November is looking good with lower than average claims.

GBS reports:

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Joe Anderson reviewed the FY23 Funding Rate Analysis (FRA) report as of October 2022. Mr. Anderson said the expense to funding ratio through June was 78.9% resulting in a funding surplus of \$2,368,774. That included a drug rebate and over a million dollars in stop loss reimbursements. Things are looking good early on for the first four months.

Karen Quinlivan reviewed the FY22 reinsurance reports. She said with data through October, there were 10 claimants with \$2,174,455 in claims above the \$250K deductible. The \$150K Aggregating Specific Deductible has been met. Total reimbursements to date were \$1,926,646 and there are outstanding reimbursements due of \$97,809. Ms. Quinlivan reviewed the FY22 “50% Report” with 21 claimants having claims between \$125K and \$250K that cumulatively totaled \$3,654,544.

The same reports for FY23 through October had 1 claimant with claims above the \$250K deductible. The amount in excess was \$ 49,467. There has been no reimbursement received yet. There were 3 claimants having claims between \$125K and \$250K totaling \$ 432,253.77.

Health plan and vendor reports:

Tufts – Fred Winer said that there was a successful fall open enrollment season. Longmeadow and East Longmeadow had health fairs.

Diana Hernandez said that Tufts mailed new ID cards because of the PBM change. Any questions can be directed to her

Blue Cross – Heidi Fountain said The PBM will be changing from Express Scripts to CVS Caremark as of 01/01/2023. New ID cards are being sent with communication why they are receiving a new card.

Health New England – Sandra Ruiz was unable to attend the meeting.

CanaRx – Chris Collins said that he is encouraged that something will be put in the wellness newsletter regarding the CanaRx program.

Jim Riley said that efforts are working to increase utilization. There is an uptick in enrollment and increased savings. Savings to date were \$266,277.03 with a monthly average of \$ 26,622.70.

Good Health Gateway – Patty Joyce said that a holiday healthy eating reminder will be going out for distribution soon. There are currently 233 that are eligible for the Diabetes Rewards Program based on diagnosis. There are 40% participating which is a great number. It beats all national averages. Another 45% are adherent and getting the \$0 copy. She will work with Marcy to get some co-branded pieces out there.

Other business:

Joe Anderson said that the issue of affordability should be taken up after rate setting with discussion on collective bargaining etc. There is no mandatory need to offer it across the board for everyone. It can be offered by each unit based on need and collective bargaining. Plans can be set up rather quickly and units can be equipped with supporting materials to offer at open enrollment.

There was no other business.

The Chair, Arlene Miller, set the next Board meeting for February 7, 2023 at 9:30AM.

Ms. Miller adjourned the meeting at 10:34 AM.

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*Minutes prepared by Karen Quinlivan
Gallagher Benefit Services, Inc.*